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To Our Valued Patients:

We hope that you and your loved ones are doing well in these unprecedented times.

We are writing to inform you of changes in our dental insurance networks. We do our very best to keep you informed of the dental plans that we participate in. However, the insurance carriers make it increasingly difficult to participate due to constant changes in restrictions and reimbursements. Although we participate in many plans, there may be specific plans under an insurance company that we do not participate with.

Therefore, we are asking that you PLEASE check with your insurance company, by calling the number on the back of your card, to see if we are in network with your dental insurance plan. This should be verified prior to your next dental appointment. Otherwise, you will be responsible for any outstanding balance. Please notify us as soon as possible of any changes.

The Insurance Carriers that we participate in are listed below:

AETNA
AMERITAS
ANTHEM BLUE CROSS OF CT/300PLAN ONLY
BENECARE
CIGNA DPPO/PPO ONLY (NOT ADVANTAGE)
CIGNA Dental Access Discount Plan
DELTA PREMIER
CAREINGTON AND CONNECTION DENTAL (which includes <u>Guardian/MetLife</u> PDP+ ONLY and <u>Principal</u>)
CAREINGTON Discount Plan (Care Platinum PPO/Care Platinum POS ONLY)
HUMANA
SUN LIFE/DHA (included United Concordia)

We are no longer in network with the following:

ANTHEM FLEX CIGNA DPPO ADVANTAGE

UNITED HEALTHCARE

Please do not hesitate to contact the office at (203)743-4670, if you are uncertain or have any questions regarding this issue.

Your time and effort, in this matter, are greatly appreciated.

- Iva Pain Bordinas, D. S. S.

Sincerely,

Joann Paiva-Borduas, DDS